Slide One (Janeal)

Our topic is “Alcohol and the Family”.

By: Janeal, Priyanka, and Sonya

Slide Two (Janeal)

The family is affected by alcohol when parents (or other family members) are constantly abusing alcohol in front of their children up to the point where they are drunk and can’t function properly. This leads to kids growing up with alcohol problems.

Slide Three (Janeal)

As you can see in all these pictures, the use of alcohol influences the children. It can cause teens to feel helpless and stressed. It can also lead to children becoming alcoholics themselves, later on. This also enables teens to have convenient access to alcohol, therefore, causing underage drinking.

Slide Four (Sonya)

*Alcoholism* is a disease when a person has a physical or psychological dependence on alcoholic drinks

*Codependency* is often developed by someone in the alcoholic’s family. A codependent ignores their own needs and instead gives all their attention to the alcoholic.

Enabling is another form of codependency. Enablers encourage or allow the alcoholics in their family to continue drinking. For example, the parent, who does not drink alcohol themselves, of an alcoholic may buy alcohol for their child in order to avoid conflict.

Signs that someone in your family may be an alcoholic include poor memory and trouble concentrating, apathy or sudden mood swings, falling behind in school, lack of coordination, bloodshot eyes, slurred speech, and rebelling against family and other authority figures.

Slide Five (Sonya)

Some symptoms of having an alcoholic in the family include development of codependency, increased stress on the alcoholic and his/her family, and low self-esteem, tension and arguments within the family, and children in the family doing poorly in school.

Slide Six (Priyanka)

Teens who drink alcohol at an early age are four times as likely to develop dependence on alcohol. Alcohol is the number one drug choice for teens. Nearly 7.4 million, or 20 percent, of people in the U.S. are binge drinkers. That’s about the same amount of people living in Virginia, (the 12th largest state).

Slide Seven (Priyanka)

Women become intoxicated after drinking smaller quantities of alcohol than are needed to produce intoxication in men. For women, drinking four alcoholic beverages is considered binge drinking. For men, drinking five is considered binge drinking. Heavy, chronic alcohol consumption takes a greater toll on woman than on men.

Slide Eight (Priyanka)

Currently, among people aged 12 to 20, Caucasians had higher rates of heavy alcohol use than any other ethnic group. They also had a higher rate of binge drinking compared to African Americans, Asians, or Hispanics.

Slide Nine (Sonya)

1. TRUE or FALSE? Alcohol is the number one drug choice for teens.
2. FILL IN THE BLANK:

Teens who drink alcohol at an early age are \_\_\_\_\_\_\_ times as likely to develop alcohol dependence.

1. Which of the following is NOT a sign that someone in your family could be an alcoholic?
   1. Bloodshot Eyes
   2. Good Coordination
   3. Lack of Concentration
   4. Mood Swings

Slide Ten (Priyanka)

There are the sources we used.